

e. First-Aid, Health Care Medicines and Equipment Facilities

I/We shall provide the following basic first-aid kit and health care medicines and facilities for workers in the site, such as:

1. First Aid Kit
2. Medicines
3. Proper Shelter

f. Workers' Welfare Facilities

I/We shall provide the following welfare facilities in the site to ensure humane working conditions:

1. Adequate supply of safe drinking water.
2. Adequate sanitary, washing and sleeping facilities.
3. Adequate facilities for changing and for the storage and drying of work clothes.
4. Adequate accommodation for taking meals.

g. Working Hour & Break Time

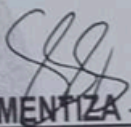
The workers will be entitled to fifteen (15) minutes break in the morning and afternoon, and one (1) hour break for a lunch break

h. Construction Waste Disposal

As a responsible citizen of this country and to support preserve mother earth, I/We shall be responsible for minimizing waste generated during the implementation of the project. The following procedures for the disposal of wastes will be implemented on the site:

1. Ensure that the construction wastes are segregated from that of domestic waste.
2. All domestic wastes are to be collected on a daily basis.
3. Construction debris (broken hollow blocks, spoiled concrete, loose concrete, etc) should be taken out on the staging area.
4. Oil spills and spoiled grease should be wrapped in the black garbage bag and will be properly disposed of.
5. Application of good housekeeping.

Prepared by:



JASPER M. GEMENTIZA -Representative

Signature over printed name of the building owner

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The ergonomic hazards that we identified for this project includes but not limited to the following: (please check on the box all that applies)

- poor lighting
- poor posture
- exertion of force
- others (please specify) None
- frequent lifting
- repetitive motion
- awkward movement

| Identified hazard | Control Measures |
|-------------------|------------------|
| Not Applicable | Not Applicable |
| | |
| | |

Use additional sheet if necessary

b. Owner/s responsibilities

To achieve the objectives of ensuring the safety and health of all the workers, the following shall be enforced throughout the duration of the construction activity:

- o Responsible for the operation, safety, and health of all workers in the entire project;
- o Ensure that all workers are given orientation/briefing prior to the start of the construction activities;
- o Explain the control measures for the above identified hazards;
- o Conducts toolbox meetings and ensure that all workers understand their responsibility/ies;
- o Closely monitor the compliance of workers with the declared safety procedures;
- o Ensure that all workers will use the proper PPEs as provided;
- o Act without delay in addressing all hazards and unsafe conditions or actions of workers in the construction site;
- o Consistently observe work conditions, operation, equipment, and tools for the purpose of accident prevention;
- o Corrects any unsafe practices within the scope of work operations and unsafe conditions; and
- o Report to DOLE Field/Provincial Office having jurisdiction, in 24 hours, any disabling injury and/or fatality that happen during the duration of the construction activity.

c. Conduct of Toolbox Meeting

To hold a daily safety toolbox meeting every morning before the start of work to attain the following objectives:

- o To discuss matters pertaining to the job;
- o To provide briefing on the planned work;
- o To predict potential hazards or actual occurrence of accidents at the site;
- o To provide tips and suggestions on how to prevent possible accidents; and
- o To discuss other pertinent matters relative to the construction activities. (e.g. accident prevention)

d. Personal Protective Equipment

I/We shall provide the following basic PPEs and enforce the use of the adequate and approved type of personal protective clothing and equipment suited to the risk inherent in the work and operations performed:

- o Safety shoes - will be used for general work and to be worn at all times on the site.
- o Safety helmet – all workers must wear an approved safety helmet while on the construction site.
- o Safety gloves - to be worn wherever possible for hand protection
- o Safety goggles/Face shield – protection against flying objects from doing work such as chipping, grinding, cutting, drilling works, and alike.
- o Safety belt/harness – to be used whenever working at height.
- o Others (specify depending on the nature of work and hazard identified)
Not Applicable

Chemical Hazards

Chemical hazards are present workers handle chemical preparations in any form (solid, liquid or gas). Some are safer than others, however, some workers are more sensitive to chemicals, even the common solutions causing illness, skin irritation or breathing problems.

The chemical hazards that we identified for this project include but are not limited to the following: (please check on the box all that applies)

- solvents
- acids
- acetylene
- gasoline
- welding fumes
- paint products
- cleaning products
- propane
- explosive chemical
- others (please specify) _____

| Identified hazard | Control Measures |
|-------------------------|--|
| Welding | Provide safety goggles to the workers |
| | Provide welding mask to the workers |
| | Provide safety shoes to the workers to prevent debris while welding on process |
| Solvents, Paints, etc.. | Provide Face Mask to the workers |
| | |
| | |

Use additional sheet if necessary

Biological Hazards

Biological hazards come from working with infectious people, plants, and other living materials. The biological hazards that we have identified for this project includes but not limited to the following: (please check on the box all that applies)

- blood or other body fluids
- bacteria and viruses
- insect bites
- others (please specify) None
- fungi
- plants
- animal and bird droppings

| Identified hazard | Control Measures |
|------------------------------|---|
| Insect bites, fungi & plants | Application of skin ointment and Medicines for anti-allergy should be applied to the worker |
| | |
| | |
| | |
| | |

Use additional sheet if necessary

Ergonomic Hazards

Ergonomic hazards occur when the type of work, body position and working conditions put strain on the body. They are the hardest to spot since one does not immediately notice the strain on your body or the harm these hazards pose. Short-term exposure may result in "sore muscles"

CONSTRUCTION SAFETY AND HEALTH PROGRAM (CSHP) FOR THE CONSTRUCTION OF PRIVATE RESIDENCE OR SMALL COMMERCIAL CONSTRUCTION PROJECTS

NAME : DESIGN AND CONSTRUCTION OF CRYOGENIC FREEZER SHOWROOM
LOCATED AT: Phividec Industrial Estate, Brgy. Sta Cruz, Tagolooan, Misamis Oriental

1.0 Commitment to comply on OSH

I/We JASPER M. GEMENTIZA - Representative do hereby commit and bind myself/ourselves to comply with the applicable provisions of the Occupational Safety and Health Standards (OSHS) governing Occupational Safety and Health in the Construction Industry.

I/We hereby commit to implement a suitable Construction Safety and Health Program in the construction of my/our residential house/small commercial building.

I/We also acknowledge our responsibilities to provide the appropriate personal protective equipment (PPE) and job safety and health instructions and training to all our workers during the duration of the construction.

2.0 Safety and Health Policy

In order to ensure the safety and health of the workers hired to construct my/our residential house/ in the safest manner possible, I/We will implement the following:

a. Hazard Identification and Control Measures

Identify the potential hazards that may arise during the construction and provide the corresponding safety measures to avoid possible exposure to these hazards:

Physical Hazards

Physical hazards are the most common in most workplaces. The physical hazards that i/we identified for this project include but are not limited to the following: (please check on the box all that applies)

- | | |
|--|---|
| <input checked="" type="checkbox"/> machineries | <input checked="" type="checkbox"/> power and hand tools |
| <input type="checkbox"/> electrical | <input checked="" type="checkbox"/> ladders and scaffolds |
| <input checked="" type="checkbox"/> noise | <input type="checkbox"/> ventilation |
| <input checked="" type="checkbox"/> exposure to heat | <input type="checkbox"/> tripping |
| <input checked="" type="checkbox"/> fall hazards | <input type="checkbox"/> collapse |
| <input type="checkbox"/> others (please specify) _____ | |

| Identified hazard | Control Measures |
|-------------------|------------------------|
| Power and Tools | Provide hand gloves |
| | Provide ladders |
| | Provide Safety Helmets |
| | Provide harness |
| | |

Use additional sheet if necessary

Department of Labor and Employment
REGIONAL OFFICE NO. 10

CONSTRUCTION SAFETY & HEALTH PROGRAM (CSHP) FOR THE CONSTRUCTION OF PRIVATE RESIDENCES OR SMALL COMMERCIAL CONSTRUCTION PROJECTS DIRECTLY ADMINISTERED BY THE OWNER

Owner of Residential/small commercial building:
Nippon Sanso Ingasco Philippines Inc.

Address:
Phividec Industrial Estate, Brgy. Sta Cruz,
Tagoloosan, Misamis Oriental

Contact No./Email address:
09996196855

PROJECT DETAILS

Specific name of the project:
Design and Construction Cryogenic Freezer Showroom

Address/location of the project:
Phividec Industrial Estate, Brgy. Sta Cruz, Tagoloosan, Misamis Oriental

Brief description of the residential/small commercial building (number of storeys, type of building, purpose of the structure): (1) Storey

Number of workers on site: 10
Male: 10 Female: 0

Estimated start date of construction:
September 30, 2024

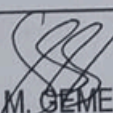
Estimated duration of the construction: (calendar days): 106 Calendar Days

- a. Specific construction activities to be undertaken:
 - > Supply of labor, materials, consumables and safety equipment
 - > Provision of PPEs tools and necessary equipment
 - > Supervision for the design and construction of the cryogenic showroom

I/WE HEREBY CERTIFY ON MY HONOR TO THE TRUTHFULNESS OF THE ABOVEMENTIONED INFORMATION. I/WE, HEREBY COMMIT TO STRICTLY IMPLEMENT HEREIN ATTACHED CONSTRUCTION SAFETY AND HEALTH PROGRAM DESIGNED FOR THIS SPECIFIC PROJECT.

I/WE SHALL BE HELD RESPONSIBLE FOR ANY INCIDENT/ACCIDENT THAT WILL HAPPEN DURING THE CONSTRUCTION, ESPECIALLY FOR THE WELFARE OF THE WORKERS WHO ARE EMPLOYED TO PERFORM THE CONSTRUCTION ACTIVITIES.

I/WE SHALL COMPLY WITH THE OCCUPATIONAL SAFETY AND HEALTH STANDARDS.


JASPER M. GEMENTIZA

Representative

Sept. 09, 2024

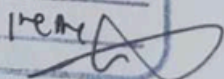
Signature Over Printed Name

Position

Date

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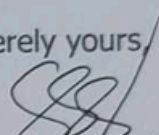
JOSE ERROL A. NATIVIDAD
PFO Provincial Director
DOLE – X Misamis Oriental
Trinidad Building, Corrales Avenue

Sir;


In compliance for the project, **Design and Construction Cryogenic Freezer Showroom** located at Phividec Industrial Estate, Brgy. Sta Cruz, Tagolooan, Misamis Oriental under the project supervision of Nippon Sanso Ingasco Philippines Inc., we would like to submit herewith our Occupancy Safety & Health Program for you evaluation and concurrence.

Your earnest action is greatly appreciated.

Sincerely yours,


JASPER M. GEMENTIZA
Representative

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